

Asana Workshop
with

Dean Lerner

Senior Iyengar Teacher Dean Lerner will be offering one asana class at the Iyengar Yoga Center of Boulder on **Sunday, September 24, 2017, 10:00am-noon**

All levels are welcome! Both beginners and experienced students can expect to be met at their level.

\$35 in advance or \$40 at the door.



**For more information and to register, please visit
<http://www.boulderyoga.com/workshops.html>**

Dean Lerner, longtime student of B.K.S. Iyengar and past president of the Iyengar Yoga National Association of the U.S., blends keen perception and insight with his delightful sense of humor to present classes that will satisfy and stretch you - mind, body, and spirit. Dean was awarded an Advanced level certification from Shri B.K.S. Iyengar and is co-director of the Center for Well-Being in Lemont, Pennsylvania. He is an avid practitioner, teaches workshops around the world, and has been published several times in *Yoga Journal*. Learn more about Dean at www.centerforwellbeing.net.



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