



Teachers' Class
Friday, July 18, 3-5pm

Yoga Practice #1
Friday, July 18, 6-8pm

Yoga Practice #2
Saturday, July 19, 10-noon

Yoga Practice #3
Saturday, July 19, 1-4 pm

Yoga Practice #4
Sunday, July 20, 10-1pm

IYENGAR YOGA
WITH

Paula Self

\$35 for teachers' class or
any single practice class,
\$90 for three practice classes,
\$120 for all four practice classes,
half-scholarships available



IYENGAR YOGA CENTER OF BOULDER

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