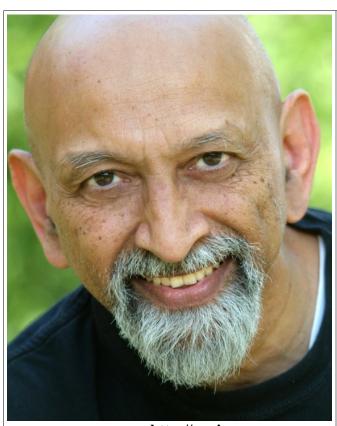
# A Weekend With Ramanand Patel

At The Iyengar Yoga Center of Boulder February 8-10<sup>th</sup>, 2013



Ramanand's Website is at: http://yogirama.com

All Levels Welcome!

# **Dates and Timings**

February 8, 9, 10, 2013 Friday 6-8:30pm Saturday 11:30am-2pm and 2:30-5pm Sunday 11:30am-2pm and 2:30-5pm

### **Cost and Registration**

\$175 Entire Workshop (save \$25) \$40 Single Class \$40 Deposit required to hold your space

# **About Ramanand**

Since 1968 Ramanand Patel has been one of the world's leading Iyengar Yoga teachers. Within the framework of the Teacher Training program of the Iyengar Yoga Institute of San Francisco, which he co-founded in 1974, he trained and educated a great multitude of teachers, many whom went on to become famous internationally.

His vast depth of knowledge regarding physical problems, his technical understanding regarding Asana and Pranayama, and his deep understanding of the fundamental questions of philosophy and psychology are well balanced by his keen sense of humor.

This workshop offers a unique opportunity to experience Ramanand's depth of knowledge, deepen one's own understanding and bring new inspiration into one's own practice.

#### Location(s)

Friday, Saturday and Sunday Morning are to be held at **The Solstice Center**, 302 Pearl Street Boulder. Enter on the West side of Building off Pearl.

Sunday Afternoon's Class will be held at **Iyengar Yoga Center of Boulder**, 2299 Pearl Street #6 Boulder, Colorado 80302

## **Contact and Questions**

303-444-YOGA (9642) Contact: Laura Antelmi Laura@BoulderYoga.com

Please make checks payable to <u>Iyengar Yoga Center of</u> <u>Boulder</u>, and pay on our website or send checks to:

IYCB 2299 Pearl Street #6 Boulder CO 80302

