

Rebecca Lerner

The Iyengar Yoga Center of Boulder is proud to offer a workshop with Rebecca Lerner, a well-loved and dynamic senior Iyengar teacher with more than 30 years of experience who offers new and illuminating ways of practicing the asanas.

Sunday, June 7, 2020 10:00am-noon

\$40 per person

For more information and to register, please visit www.boulderyoga.com

Join us to explore the common threads and intricacies of the poses with one of Iyengar yoga's most inspired senior teachers.

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